

Activities marked with a (B) are bookable.

**UV Sports (B)**  
Join us for an evening of multi-sports by UV Light! Paint yourself in UV paints, play sports such as badminton and dodgeball in the dark lit up by UV Link.

**YAMA (B)**  
Kick start the summer programme with an afternoon of sport, music and drama. Try some new activities and get involved in things you wouldn't regularly do. If you are taking part you will be expected to stay for the full three hours. Sports clothing & water bottles required for the activity.

**Help to Cook a Curry, and Tasting (B)**  
Cook with World famous Chef Oli Khan! 3.30-5.30pm @ POD53 Marymead Shops. To book contact 01438 318866 between 9-1pm.

**Panna Cage Football**  
Panna Cage is a 2 on 2 football cage where all skill levels are equal. So bring a friend and may the best pair win! Programme contact Child UK.

## Activities

**Fairland's Valley Park (B)**  
Head for the heights, try out a High Ropes Experience. Fun on the water with Paddle Sports, Canoeing, Kayaking or Dinghy Sailing.

**British Sign Language Session (B)**  
Ever wanted to learn British Sign Language? If so, hearing impaired young people from the Phoenix Group can teach you how, it's FREE. Call 01438 722142 or text 07748 690989 to book your place.

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**Streetshow Catwalk**  
Combine the cooking and graffiti! T shirt workshops at an outdoor 'Streetwalk' event! Test your new knowledge of streetfood recipes out on members of the public (family and friends) while the graffiti T shirts are being modelled by their creators. Come along to the planning event where you will get the chance to decide which recipes are served, what music is played, and the layout of the event for the public to come and watch.

## Activities

**Graffiti T's (B)**  
Learn graffiti art at Pod53 - design and graffiti a T shirt. Come and learn to cook some of the world's favourite streetfood at POD53.

**Streetfood Cookery (B)**  
Come and learn to cook some of the world's favourite streetfood at POD53.

**Marymead Youth Project**  
Community based youth project - come along and take part in the fun activities contact Georgia Copestake on 07812 322249 or main office 01438 843340 Youth Connexions.

**Arts & Crafts and Canvas Art**  
Express your creative side at our arts & crafts session! Contact Georgia Copestake on 07812 322249 or main office 01438 843340 Youth Connexions.

**Turn The Tide Boat Building (B)**  
Be part of a team and build a canoe from scratch! 6 Exchange Road, Stevenage, SG1 1PZ  
Contact: Pete Cross Mobile: 07597239334 please book by 12 August (maximum 10 young people).

## Activities

**Karaoke and 'Big Quiz'**  
Youth Connexions are bringing summer to a close with a karaoke and 'big quiz' afternoon! Contact Georgia Copestake on 07812 322249 or main office 01438 843340 Youth Connexions.

**Drama Workshop**  
Join us for great drama, games and activities with our in-house drama expert! Interested? Email: Georgia.copestake@hertfordshire.gov.uk or call/text 07812 322249.

**Badminton**  
If you like badminton or would like to try it for the first time, join us and our in-house badminton coach and practice your skills. Contact Georgia Copestake on 07812 322249 or main office 01438 843340 Youth Connexions.

**Great Bowes Bake Off!**  
Put your baking skills to the test in our Great Bowes Bake Off! Will your cake be judged the best? Contact Georgia Copestake on 07812 322249 or main office 01438 843340 Youth Connexions.

## Activities

# Summer Fillerz

## About us

Summer Fillerz is a five week programme of free activities for Stevenage young people.

The initiative is planned and delivered by Youth Engagement Stevenage (YES) a partnership of youth agencies, statutory services and projects supporting young people. The programme offers bookable and open access activities, and is co-ordinated and funded by Stevenage Borough Council.

Activities marked (B) are bookable. These activities can be booked on the telephone number or email provided. Booking Forms (if needed) can be obtained from the organisation running the activity (please see timetable contact information). For all participants under 18 years Booking Forms MUST be completed and signed by a parent, guardian or carer before they can take part.

Activities not marked with a (B) are on a first come first served basis and some of these may have a maximum number who can take part.

### Programme Co-ordinator Contact:

Mandy Williams  
Community Development Team  
Stevenage Borough Council  
☎ 01438 242913  
☎ 07810155045  
✉ mandy.williams@stevenage.gov.uk

### Supervision:

Youth Engagement Stevenage will ensure that all the Summer Fillerz activities are staffed with appropriately trained workers. However, staff will not take responsibility for any young person who leaves the activity.

### Safeguarding:

Stevenage Borough Council believes that you have the right to be and feel safe when you are taking part in a Summer Fillerz activity. We will do our very best to provide you with the best care when taking part in any activity and live up to the promises we make to you.

**Activities for young people aged 11 to 19 years and up to 25 if you have a learning difficulty or disability**

### We promise to:

- Help you feel welcome
- Always think about your needs
- Make sure that all the staff and volunteers know what they are doing
- Make the activities on offer as safe as possible
- Listen to what you have to say
- Treat all children and young people fairly

If you are being bullied, mistreated or have a concern about anything, you can always talk to a member of staff who will support you. If you would like to speak to someone else you can contact:

**Herts County Council Children's Services:**  
0300 123 4043  
**NSPCC:** 0800 800 5000  
**Childline:** 0800 1111

### Disclaimer:

Young people participating in the Summer Fillerz activities do so at their Own Risk. Youth Engagement Stevenage (YES) cannot be held responsible for any injury or loss of personal affects whilst taking part in the Summer Fillerz programme. In the event of an accident please notify a member of the activity staff team immediately.

# YES

## Youth Engagement Stevenage

# Summer Fillerz

## FREE activities

**25 July to 26 August 2016**

**Activities for young people aged 11 to 19 years and up to 25 if you have a learning difficulty or disability**



## Week 1

### Monday 25 July

**(B) Yama - Junk drumming, Bubble Football, Basketball & Dance**  
12 noon to 3pm @ Stevenage Leisure Centre  
Contact: Pro-Action 01707 276859

**(B) 'Help to Cook a Curry' with World Famous Chef Oli Khan**  
3.30-5.30pm @ POD53 Marymead Shops  
Contact: 01438 318866 Book between 9-1pm

**Multi-Sports** 2-6pm @ Ridlins Park

### Tuesday 26 July

**Football** 4.30-5.30pm @ Stevenage Leisure Centre

**Multi-Sports** 2-6pm @ Shepalbury Park

**Marymead Youth Project** 6-9pm @ Marymead Shops

### Wednesday 27 July

**Multi-Sports** 2-6pm @ King George V Park

### Thursday 28 July

**(B) High Ropes** 10-11am and 11-12 noon  
**(B) Water Sports** 1-2pm and 2-3pm  
@ Fairland's Valley Park Contact: 01438 353241

**Multi-Sports** 2-6pm @ Ridlins Park

**Football & Fitness** 4-6pm @ King George V Park

### Friday 29 July

**Multi-Sports** 2.30-5.30pm @ St Nicholas Park

**(B) YCook Friday Night Takeaway** 5.30-7.30pm  
@ 15 The Hyde Contact: Kelsie.taylor@oneymca.org

## Week 5

### Monday 22 August

**Great Bowes Bake Off!** 2-6pm @ Bowes Lyon Centre  
**Warriorz Dance (Beginners)** 4.30-5.30pm @ Bowes Lyon Centre  
**All Star Frisbee** 3.30-5.30pm @ King George V Park

### Tuesday 23 August

**Basketball** 1-3pm @ Stevenage Leisure Centre  
**Urban Arts Project** 2-5pm @ 15 The Hyde  
Contact: Kelsie.taylor@oneymca.org  
**Archery** 2-6pm @ Bowes Lyon Centre  
**Football & Fitness** 3-30-5.30pm @ Peartree Park Life  
**Marymead Youth Project** 6-9pm @ Marymead Shops

### Wednesday 24 August

**The British DJ & MC Academy Mobile Music Centre**  
Everything from CDJ's (Decks) mics and mixing desks at a park near you!  
2-5pm Fairland's Valley Park Bandstand Area  
**Trampolining** 2-4pm @ Bowes Lyon Centre  
**Drama Workshop** 4.30-7.30pm Bowes Lyon Centre  
**T-Shirt Printing** 6-8pm (taster YR8 & YR9's) @ Bowes Lyon Centre

### Thursday 25 August

**Basketball** 12-3pm @ Marriott's Sports Centre  
**(B) High Ropes** 10-11am 11-12 noon  
**(B) Water Sports** 1-2pm 2-3pm  
@ Fairland's Valley Park Contact: 01438 353241  
**Karaoke/'Big' Quiz** 2-6pm @ Bowes Lyon Centre  
**Multi-Sports Festival** 3-7pm @ King George V Park

### Friday 26 August

**(B) UV Sports Event** 6-9pm @ Stevenage Leisure Centre  
**UV Sessions One** 6pm Briefing 6.10pm Start 6.55pm End  
**UV Session Two** 7pm Briefing 7.10pm Start 7.55pm End  
**UV Session Three** 8pm Briefing 8.10pm Start 8.55pm End  
**All Star Frisbee** 3.30-5.30pm @ Peartree Park

## Week 2

### Monday 1 August

**Multi-Sports** 2-6pm @ Ridlins Park  
**All Star Frisbee** 3.30-5.30pm @ King George V Park  
**Urban Arts Project** 2-5pm @ 15 The Hyde Contact: Kelsie.taylor@oneymca.org  
**(B) Streetfood** 6-8pm @ POD53 Marymead Shops  
Contact: 01438 318866 Book between 9-1pm

### Tuesday 2 August

**Basketball** 1-3pm @ Stevenage Leisure Centre  
**Panna Cage Football** 3.30-5.30pm at Peartree Park Life  
**Urban Arts Project** 2-5pm @ 15 The Hyde Contact: Kelsie.taylor@oneymca.org  
**Multi-Sports** 2-6pm at Hampson Park  
**Marymead Youth Project** 6-9pm @ Marymead Shops

### Wednesday 3 August

**Multi-sports** 2-6-pm at King George V Park  
**The British DJ & MC Academy Mobile Music Centre**  
Everything from CDJ's (Decks) mics and mixing desks at a park near you!  
2-5pm at Shephalbury Park  
**Panna Cage Football** 3.30-5.30pm @ Fairland's Valley Park

### Thursday 4 August

**Basketball** 12-3pm at Marriott's Sports Centre  
**(B) High Ropes** 10-11am and 11-12 noon  
**(B) Water Sports** 1-2pm and 2-3pm  
@ Fairland's Valley Park Contact: 01438 353241  
**Outdoor Multi-sports** 2-6pm @ Shephalbury  
**Football & Fitness** 4-6pm @ King George V Park  
**(B) Graffiti T-Shirts** 6-8pm @ POD53 Marymead Shops  
Contact: 01438 318866 Book between 9-1pm  
**(B) British Sign Language** @ the Hyde Out Shephall 11- 2pm  
The Hyde Out 01438 722142 or text 07748 690989

### Friday 5 August

**Multi-Sports** 2-6pm @ St Nicholas Park  
**(B) British Sign Language** at the Hyde Out Shephall 11- 2pm  
Contact: 01438 722142 or text 07748 690989  
**(B) Friday Night Takeaway** YCook 5.30pm-7.30pm  
@ 15 The Hyde, Hyde Shops Contact: Kelsie.taylor@oneymca.org  
**All Star Frisbee** 3.30-5.30pm @ Peartree Park

## Week 3

### Monday 8 August

**Archery** 2-6pm @ Bowes Lyon Centre  
**Warriorz Dance (Beginners)** 4.30-5.30pm @ Bowes Lyon Centre  
**All Star Frisbee** 3.30-5.30pm @ King George V Park  
**(B) Streetfood** 6-8pm @ POD53 Marymead Shops  
Contact: 01438 318866 Book between 9-1pm

### Tuesday 9 August

**Basketball** 1-3pm @ Stevenage Leisure Centre  
**Foods from Around the World** 2-6pm Bowes Lyon Centre  
**Urban Arts Project** 2-5pm @ 15 The Hyde  
Contact: Kelsie.taylor@oneymca.org  
**Football & Fitness** 3.30-5.30pm @ Peartree Park Life  
**Marymead Youth Project** 6-9pm Marymead Shops

### Wednesday 10 August

**The British DJ & MC Academy Mobile Music Centre**  
Everything from CDJ's (Decks) mics and mixing desks at a park near you!  
2-5pm Fairland's Valley Park Bandstand Area  
**Team Building & Problem Solving** 2-6pm @ Bowes Lyon Centre  
**Karaoke/Meet & Greet** (taster session Yr8 & Yr9's) 6-8pm Bowes Lyon Centre

### Thursday 11 August

**Basketball** 12-3pm @ Marriott's Sports Centre  
**(B) High Ropes** 10-11am 11-12 noon  
**(B) Water Sports** 1-2pm 2-3pm  
@ Fairland's Valley Park Contact: 01438 353241  
**Badminton** 2-6pm @ Bowes Lyon Centre  
**Football & Fitness** 4-6pm @ King George V Park  
**(B) Graffiti T-Shirts** 6-8pm @ POD53 Marymead Shops  
Contact: 01438 318866 Book between 9-1pm

### Friday 12 August

**Multi-sports** 2-6pm @ Bowes Lyon Centre  
**(B) YCook Friday Night Takeaway** 5.30-7.30pm  
@ 15 The Hyde, Hyde Shops Contact: Kelsie.taylor@oneymca.org  
**All Star Frisbee** 3.30-5.30pm @ Peartree Park  
**Creation Station** 6-9pm @ Bowes Lyon Centre

## Week 4

### Monday 15 August

**Football Session** 2-6pm King George V Park  
**Warriorz Dance (Beginners)** 4.30-5.30pm @ Bowes Lyon Centre  
**All Star Frisbee** 3.30-5.30pm @ King George V Park

### Tuesday 16 August

**Basketball** 1-3pm @ Stevenage Leisure Centre  
**Urban Arts Project** 2-5pm @ 15 The Hyde Hyde Shops  
Contact: Kelsie.taylor@oneymca.org  
**Arts & Crafts/Canvas Art** 2-6pm @ Bowes Lyon Centre  
**Football & Fitness** 3.30-5.30pm at Peartree Park Life  
**Streetshow Planning** 6-8pm @ POD53 Marymead Shops  
**Marymead Youth Project** 6-9pm @ Marymead Shops

### Wednesday 17 August

**The British DJ & MC Academy Mobile Music Centre**  
Everything from CDJ's (Decks) mics and mixing desks at a park near you!  
2-5pm Hampson Park  
**Trampolining** 2-4pm @ Bowes Lyon Centre  
**(B) Turn the Tide** 4-6pm Build a Canoe from scratch  
Contact: Pete Cross Book by 12 August 07597239334  
**Street Art Workshop** (taster YR8 & YR9's) 6-8pm @ Bowes Lyon Centre

### Thursday 18 August

**Basketball** 12-3pm @ Marriott's Sports Centre  
**(B) High Ropes** 10-11am, 11-12 noon  
**(B) Water Sports** 1-2pm, 2-3pm @ Fairland's Valley Park  
Contact: 01438 353241  
**Ready Steady Cook!** 2-6pm @ Bowes Lyon Centre  
**Football & Fitness** 4-6pm @ King George V Park

### Friday 19 August

**(B) YCook Friday Night Takeaway** 5.30-7.30pm  
@ 15 The Hyde To book contact: Kelsie.taylor@oneymca.org  
**Music/DJ Workshop** 2-5pm Bowes Lyon Centre  
**All Star Frisbee** 3.30-5.30pm @ Peartree Park  
**Streetshow Catwalk** 4-7pm @POD53 Marymead Shops  
**Creation Station** 6-9pm @ Bowes Lyon Centre

## Activities

### YCook Friday Night Takeaway

Learn to cook your favourite takeaway inspired dishes e.g. burgers, curry, chinese and fried chicken. There are 20 spaces, so first come, first served! For more information email Kelsie.taylor@oneymca.org

### All Star Frisbee

All Star Frisbee is a chance for 11-19 year olds to try a new and exciting sport, learn some skills and maybe even take part in a game! For more information email Kelsie.taylor@oneymca.org

### Urban Arts

Create and have fun with upcycled fashion, pallet art, photography, graphic design and street art. There are 20 spaces so first come first served! For more information email Kelsie.taylor@oneymca.org

### Street Dance for Beginners!

Join the Warriorz Performing Arts Academy for a dance experience at Bowes Lyon Centre - contact Child UK 07508268579.

### British DJ & MC Academy

The London based British DJ & MC Academy Mobile Music Centre at a park near you. Sessions will include singing, rapping, DJing, scratching, beat boxing, radio presenting showcasing and development and positive lyrical writing. Receive a certificate for taking part. Contact 07814744512 POD53 for more information.

## Activities

### Outdoor Multi-sports

Volleyball, rounders and football suitable for very beginners through to the more experienced join us in a park near you! Activity contact Georgia Copestake on 07812 322249 or main office 01438 843340 Youth Connexions.

### Indoor Multi-Sports

A mixture of fun sports activities dodgeball, soft-tennis, swing-ball and hockey suitable for very beginners through to the more experienced at Bowes Lyon Centre (St Georges Way). Contact Georgia Copestake on 07812 322249 or main office 01438 843340 Youth Connexions.

### Trampoline

Love trampoline? Learn new skills in a safe environment with qualified professionals contact Child UK or Contact Georgia Copestake on 07812 322249 or main office 01438 843340 Youth Connexions.

### Basketball

Love Basketball? Learn skills and drills from a qualified coach activity contact is Child UK 07508268579.

### Archery

Whether you have experience of Archery or are brand new to the sport? learn new skills with our qualified team members interested? email: Georgia.copestake@hertfordshire.gov.uk or call/text 07812 322249 Youth Connexions.

## Activities

### Foods From Around the World

This cooking workshop is your chance to prepare, cook and taste different cuisines from all over the World - contact Georgia Copestake on 07812 322249 or main office 01438 843340 Youth Connexions.

### Team Building and Problem Solving

Develop your team-building and problem solving skills in a fun Workshop. \*NEW\* Summer taster sessions for Year 8 & Year 9's. Contact Georgia Copestake on 07812 322249 or main office 01438 843340 Youth Connexions.

### Creation Station

A jam-packed session of sports, music, arts and crafts plus more! Contact Georgia Copestake on 07812 322249 or main office 01438 843340 Youth Connexions.

### Football

Join us for a kick-around in the Park – Youth Connexions.

### Ready, Steady, Cook!

Create a delicious dish with limited random ingredients against the clock? The competition is on! Contact Georgia Copestake on 07812 322249 or main office 01438 843340 Youth Connexions.

### Music/DJ Workshop

Love Music? Learn new skills such as technical music knowledge and mixing interested? Email: Georgia.copestake@hertfordshire.gov.uk or call/text 07812 322249.